



KeepWell@Work



Save money and increase productivity. Bring worksite wellness to your organization today.

Call 410-535-8233 or visit www.calverthospital.org.

Employee wellness is a vital component of any successful business strategy.

CMH is now offering employers the opportunity to help their employees take control of their health through innovative worksite wellness programs.



Let us help you develop a program that will:

- ✓ Maximize productivity
- ✓ Improve morale
- ✓ Promote health

through routine screening, lifestyle assessments, personal wellness goals and intervention before disease occurs.

Attend the open house and receive a \$50 credit toward a worksite program. Plus, get entered in a drawing for a free educational session.

Learn more at an informational open house at Calvert Memorial Hospital, Classroom 2 from 8:30 to 10 a.m. on June 26, 2009. RSVP by calling 410-535-8233.



Calvert Memorial Hospital
Innovation. Quality. Progress.
100 Hospital Road
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